



HERFORD

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HERFORD
JOURNAL

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THE FREEDOM OF FORGIVING

*A lecture given at Serenity Spiritualist Church on January 4, 1975
through the mediumship of Richard P. Goodwin*

This morning the lecture is entitled *Forgiving, the Path of Freedom*. And before going on with that lecture, I would like to give forth the clarification of the spiritual understanding of the word *forgiving*. We understand that word to mean *to give forth that which binds our soul to the laws of duality called creation*. And so, in explaining the spiritual meaning of that word, the question must arise within our mind *to give forth what and to give it to whom?* Now, we look at life and we know that it is not within our power to hold the stars in space. It is not within our power to change the immutable laws of gravity. Those things of natural law it is not within our power to change, those divine principles.

Now, man thinks because he can make so many things, that he can change everything. The only "everything" that man can change is in keeping with divine law. He can change all his attitudes, all his thoughts and all his feelings but he cannot change the divine laws which are the final and total authority of life itself.

And so it is that the ancient prophets, the Biblical

prophets taught that "vengeance is mine saith the Lord." And we know that word means the law. "Lord" means the law of God. When man does not give forth these so-called resentments that he entertains because someone else did not think or do the way that we decided they should do, then man takes, or attempts to take, the divine law from God unto himself. How does man do that? He does it by a lack of awareness of the Law of Universal Brotherhood. Now what is the Law of Brotherhood? It is the Law of Personal Responsibility. And the Law of Personal Responsibility demonstrably reveals to all people that we and we alone have established mental laws and transgressions of natural law; that all of the experiences in life are revelations of laws that we alone have set into motion. When we accept that demonstrable truth that we alone are the cause and cure of all of our experiences in life, then we will begin to manifest in the universe the Law of Brotherhood. We will no longer take, or attempt to take, from divine law that which shall

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THE FREEDOM OF FORGIVING

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never be ours.

And so it is, as we go off into the world and we feel slighted by what someone does or does not do, we feel resentment and anger the way that they speak and the way that they act. We are transgressing that Law of Personal Responsibility, and the effect of that transgression is known as the Law of Bondage, for in transgressing that Law of Personal Responsibility, we give power and authority to another individual. And when we do that, we haven't sold our soul, we have given it for naught. This is the great sadness when we do not make the effort to forgive, which means to free, to rise in consciousness to natural law, which says in truth, an eye for an eye and a tooth for a tooth. That law may seem harsh to those of us who choose to be in what is commonly referred to as sentimental soup, but it is a just law, for it is demonstrable divine law. And it dictates impartially whatever happens to us in life is caused alone by us. It is the delusion of what we call self-defense that causes the mind to entertain the possibility and probability that these causes are out there.

When we seeming grow up on this earth planet, especially

in this seeming materialistic age, we lose our early, it seems, concepts of a God, and we go on and educate ourselves, seemingly, that that's the way life is. And when we do that, we step back in consciousness with the well-known cop out: "Well, it's the circumstances that I was born under; it's the breaks in life; some people are lucky, but I just wasn't." What ridiculous thinking to dictate to our minds that there is such chaotic laws in the universe that things just happen by chance. Nothing happens to us by chance. Nothing ever did and nothing ever will. The only reason that we tell ourselves that there are accidents in life and that things happen by chance is because we have never made the microscopic effort to find the causes of all things within us. It doesn't rain by chance. The sun does not shine by chance. We do not breathe by chance. We do not walk by chance and we do not speak by chance. We establish laws and those laws, demonstrable, return unto us.

And so, when you are having what you call the breaks in life, be not only grateful for them, for gratitude is another divine law that will increase those so-called

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THE PENETRALIA
BEING HARMONIAL ANSWERS TO IMPORTANT QUESTIONS
by Andrew Jackson Davis

Continued from last issue—

What is Music?

Music is the normal translation of mute sentiments into expressive sounds; the best revelation of the celestial subtilties which animate the human soul; the only language of the angel-world when discoursing of the Harmonies of Nature.

What is anatomy?

Anatomy is a knowledge of forms and structures.

What is physiology?

Physiology is a knowledge of organs and functions.

What is psychology?

Psychology is a knowledge of the mental principle; based upon a perception and classification of its phenomena.

What is theology?

Theology is an intellectual inquiry, a conjectural speculation, concerning the personality and government of a being called "God." Modern theology is ancient mythology gone to seed; a product of the poets and semi-philosophers of Egypt, Greece, and Rome.

What is philosophy?

Philosophy is a term which may be applied to all legitimate exercises of Reason and Intuition. (See 2d vol. of

Great Harmonia.) I would apply this word to an intellectual perception of Facts, to a moral apprehension of Truths, to an intuitive comprehension of Principles; embracing thus, all science, all theology, all religion.

What is the reason-principle?

The reason-principle is the totality of love, spirituality, intellect. Reason is the flower of the spirit. A law of truth, regulating the entire existence of a man—physically, socially, intellectually, morally, spiritually — another word for "Wisdom," the soul's eventual Savior.

What is imagination?

Imagination is the subjective mirror of the emblems and images of objective Nature ; the authorized forerunner of the intellect; the chief interpreter of the sentiments; the poet-laureate of the spiritual faculties; the Argus-eyed clairvoyant of the whole interior nature.

What is the true office of imagination?

The true office of imagination is to probe the metaphysics of creation; to give
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THE FREEDOM OF FORGIVING

continued from page 4

breaks — and in gratitude will definitely make the change — but stop and think when things are going well how they got to be that way. The true sadness on earth is that man does not want to bother when he is having the breaks of life, so-called, and things are going well, to make the effort to find out how it's happening. No, that is not how the mind works. It waits until all the breaks are gone, until we have run out of time, so called, and money and everything else that seems to mean something to us, and we are on the bottom of the pit, down in the dredges in our emotions. And when we are down there, we start to cry for a little light, for something to make us feel better. Usually, we are sufficiently strong enough to call a person that we think will listen to all of our emotional disturbances and we feel better for a short time, and then we go back down again.

I have spent a lifetime on earth in what they call mediumship. I grew up in a family where it was a day-to-day occurrence. And I have seen Spiritualism go through, as a movement, much trauma and disturbance. I have seen its expression in a world that does not understand it, but I

am grateful that I have viewed that world and know it's not the world, it is the expression of those souls who claim to be Spiritualists that don't make sufficient effort to demonstrate the immutable laws that they have been privileged in this incarnation to know. And so, I speak on this that we may greater understand what is in our world today, for when we gain understanding, we are then in a position to give forth the opinions and things that bind us.

Whenever any philosophical or religious movement transgresses the very laws that it teaches, it is destined to its own suicide and its own destruction. The Spiritualist Movement knows the Law of Personal Responsibility. The Spiritualist Movement knows that like attracts like and becomes the Law of Attachment. The Spiritualist Movement knows that we get out of a thing what we put into that thing, and not one iota more.

Now, what are the transgressions of the many souls that compose the Spiritualist Movement? When a Movement, brought to the world to awaken it to universal law — the only thing that can free the souls in any world, in any dimension, having that

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Student's Corner



There comes a time in all our lives when we reach a crossroads and find that a decision must be reached spiritually. By first looking within and being at peace, we can more readily come to know the right path to take which in turn, will lead us back to God. The path we take will lead others if we show by indirection, demonstration and example a truly spiritual attitude of mind. We are here in this expression of form to serve a purpose and the sooner we become aware of our responsibility to our own soul the sooner we will demonstrate continuity in our spiritual commitments in life.

The commitments we choose to carry out will help us, and by being helped spiritually we, in turn, can help another on the path.

*by Hazel Field **

When we have had experiences and have found freedom from a certain level, we may look and find another, who by asking, will merit advice and avoid the pitfalls of emotional outbursts themselves when growing spiritually.

We are all a unit within the universe, each striving to become more at peace. We will find the world becoming the peaceful universe it truly can become when each of us knows what we can do to make this so.

VIEWS OF OUR HEAVENLY HOME

*by Andrew Jackson Davis**Continued from last issue—*

Electricity is the name of one of our omnipresent servants. But his relatives are numerous, some obscure, all honest, and they have travelled all over the world, with various names and aliases—Galvanism, Voltaism, Electro-Magnetism, Electro-Dynamics, Lightning, etc. Mankind have known something about electricity ever since the Arabians and the Greeks evolved it by means of silken ribbons or frictionized amber. Hence it is no stranger, it is accepted as a *fact*; but its origin is yet entombed in mystery. Franklin invited it from the clouds, and his successors have evolved it from their chemical compounds and improved batteries; but its true cause and fountain source and yet unknown to men of science. It is, however, well enough known that electricity may be and often is developed by mechanical action; also by rapid changes in temperatures; by the disengagement of confined gases; by the chemical activity, and by the vernal and autumnal transformations of the leaves of plants and trees; by the decomposition of animal or vegetable bodies;

by changes in the atmosphere; by warm spring rains and by cold wind and snow storms; by rapid condensation and evaporation; and by the sudden compression and discharge of oxygen, nitrogen, hydrogen, and magnetism.

The earth is literally a perpetual motion; it is really a revolving electrical machine; it is practically an immense magnetic battery. From its vast mineral mountains beneath the sea—from its great beds of iron, copper, zinc, silver, antimony, potassium, bismuth, platinum, gold, tin—an unceasing rain, sometimes a terrific storm, of electricity ascends like the breathings of lightning into the atmosphere. It is an incessant electrical storm, literally speaking; and the great enveloping volume of atmosphere is its receiving and distributing reservoir.

The motion of electricity, as before said, is spiral; in this connection I mean the electricity of space. With a swiftness beyond imagination, it streams in great ribbons, and winds itself upon its own natural spool at the north. The north magnetic pole of our earth, you will remember,

(continued page 14)

Visitors Views

"I enjoyed your service immensely. I particularly enjoyed the healing because I could surely feel the power. For the first time I prayed the right way. By that I mean during the healing & saw myself already the way I want to be and I felt myself the way I want to be. Love & Light."
G.Y.

"I wish so badly to know and yet I cannot get passed a certain point. I do not know how to let my mind be still and as a consequence I do not know if I believe what I have seen or heard. I believe the motive here is good and perhaps that's what is most important. I wish I understood." S.B.

"Beautiful-Peaceful."

"The service was very interesting. I must say the organization is very good. Plus I like the informality that the church has in it. By that I mean that any given individual would feel comfortable here. That is good."



"I enjoyed the service very much. I was surprised by largely traditional form." R.M.

"This is the first religious way I could feel yes to. Thank you"
C.H.

"I was very pleased & favorably impressed by this service."
Thank you

"I am very satisfied with the way the service and philosophy of Serenity are being presented. I am very grateful for being here and being able to participate and gain comfort from your teachings. The presentations are very clear and at a comfortable level— it has helped me personally a great deal and I hope it can be of help to others as well."

SPIRITUALIST DICTIONARY

SUGGESTION

Defined by F.W.H. Myers as a 'successful appeal to the subliminal self'. Hypnotism provides the best examples of its power. As the subliminal or subconscious mind has control over the body far transcending the conscious, a successful suggestion may accomplish seeming miracles; affecting heart beats, circulation, inhibitions, memory, etc. It cannot, however, produce new knowledge, which is the hallmark of mediumship.

SUMMERLAND

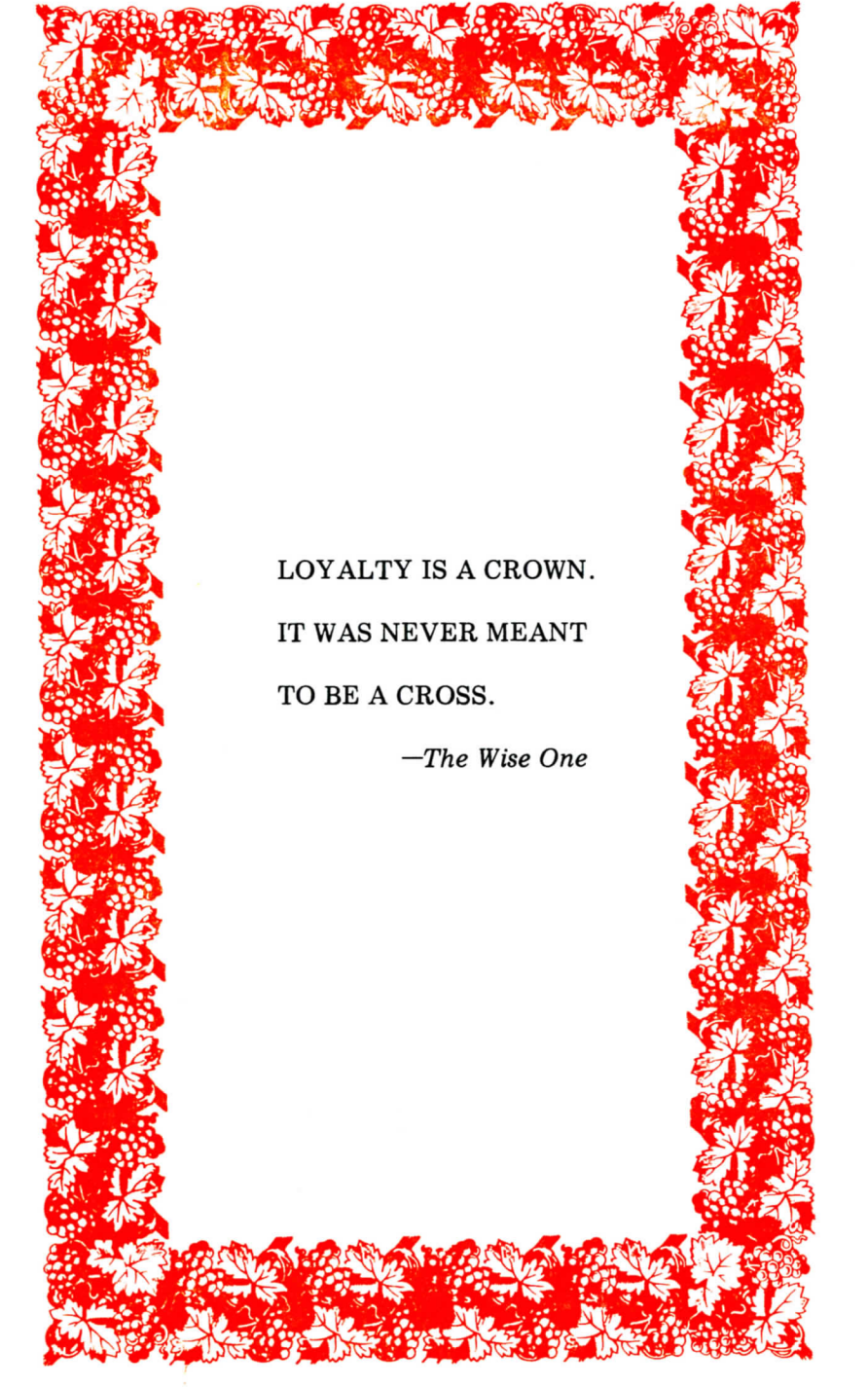
So-called by A.J.Davis. The sphere of the spirit world most often referred to; it corresponds to Myers' 'plane of Illusion' and appears to be a blissful land of rest and harmony, partly a creation of the inhabitant's own desires, but to what extent we cannot determine. We have received many descriptions which seem to suggest the pleasures of earth life minus its drawbacks. They would seem to have trees, animals, houses, lakes, gardens, rivers, recreative activities, halls of learning and infinite leisure.

SUPERNORMAL

Coined by F.W.H. Myers in substitution for supernatural, when describing psychic phenomena. Its modern equivalent is 'paranormal': not as yet within accepted experience of cause and effect.

SURVIVAL

The demonstration of a continuation of personality after death is the cornerstone of Spiritualism. The nature of proof for this most important knowledge must be personal. In practice, it is never sufficient to accept authoritative statements alone on so vital a matter. Each person must test for himself and weigh the resulting evidence in an unprejudiced fashion. It is being demonstrated in hundreds of Spiritualist churches all over the world, through the same means by which the revelations of all religions have come. Certain gifted people, now called mediums, are virtually channels of communication between the earth and the spirit spheres, bringing certainty to those who seek.



LOYALTY IS A CROWN.
IT WAS NEVER MEANT
TO BE A CROSS.

—The Wise One

PRAYER FOR SPIRITUAL HEALING

*I ask the great Unseen Healing Force
To remove all obstructions
From my mind and body
And to restore me to perfect health.
I ask this in all sincerity and honesty
And I will do my part.*

*I ask this great Unseen Healing Force
To help both present and absent ones
Who are in need of help
And to restore them to perfect health.
I put my trust
In the Love and Power of God.*



*by Duncan Robertson**

Healing Hands

The best way to keep one's house from burning down is to exercise good common sense in the use of those things which could be potential fire hazards. The best way to assure ourselves of good health is to practice preventive medicine. And the best preventive medicine is the wisdom of self-control. We are, our soul, free and so immune to illness. But our minds are ever fluctuating through varying degrees of elation and sadness, freedom and frustration. Our bodies, being the most dense of the vehicles through which our soul is expressing, are quite limited in the range of extremes which they can tolerate and still maintain their integrity. In a sense, we might say that our bodies have a mind of their own — a "human being" consciousness that dictates that they can only function properly within a certain temperature and pressure range, that they must derive certain nutrients from the environ-

ment in order to be sustained, and that they are ever subject to the laws of their nature.

A wise man, therefore, knows his own limitations — the laws under which he must operate if he is to continue to express through the vehicle that he has been granted the privilege of using. If man had the right to change those laws, then all of nature would be chaos. And so, wisdom dictates that the natural boundaries of system and order not be transgressed without a corresponding reaction from the law itself to right itself.

When we see the wisdom of the impartial laws of nature which consider all of life, then we will seek to harmonize ourselves with those laws, and in so doing never again experience sickness.

HEAVENLY HOME

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is not the same in location as its axis of revolution. The north-centre is an immense helix, an atmospherically coiled receptacle, for the multitudinous electrical currents arising from all parts of the globe. The simultaneous and incessant rush of terrestrially evolved electricity to this great north spiral centre, results in the instant formation of a never-ceasing self-illuminating vortex. The luminous lightnings evolved by this great battery, and from the inconceivably rapid motion of the collected electric storms within the polar vortex, make those wondrous manifestations known as the aurora borealis, which especially characterize the northern hemisphere.

Immediately on its arrival at the north helix, electricity is instantaneously transformed into a more refined form of motionary and motive force, which I have been deeply impressed should be called "Etherium;" but for all ordinary purposes it may be very properly denominated *celestial magnetism*.

This wondrous elemental evolution from the electric

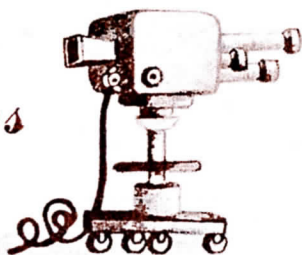
coil is a substance as warm as a breath of August; and this, too, at the extreme north, where the light and heat of the sun do not exert any great influence. Mountains of ice and a continent of snow surround this *warm*, vivifying, magnetical centre! In certain years and centuries birds and vegetation, also a few animals, come up and subsist for a time beneath this boreal magnetic sun; but, in other seasons and centuries, when the north helix is vitally changed by solar and atmospheric causes, the warmth and radiance become suddenly too diminished to invite or sustain life, either vegetable or organic. It is unnecessary that I should refer to geological discoveries, or to the testimony of Arctic explorers, to confirm the declaration herein made. Neither is it necessary to remind mankind of the polar phenomena—those tremulous lights and changeful colors which are frequently seen at night in our northern sky. But there are other evidences to which your attention may be attracted in future chapters.

(continued next issue)

As we give, unto us is given.

—The Wise One

News & Views



by Duncan Robertson *

The god of technology, or "belief in salvation through science" as it is termed by French social critic Jacques Ellul, has had its day of glory and is falling in the wake of its own failures. Ellul's latest book *The New Demons* charges that the worship of technical thought served to fill the spiritual vacuum left by the "death of God." "Wild as Jeremiah," says *Psychology Today* editor T. George Harris as he characterizes Ellul's views in the January issue of that magazine. "Ellul shows how passion has made technical knowledge sacred to its users. While religion and other ways of knowing lost their power to enrich thought for many, science became the truth of truths, and technique the holy principle. Modern man enthroned his own mind as the only 'sacred of respect' and thereby turned science into self-worship. But that dark time may be near its end."

Harris notes that while scientists were enjoying their golden age around 1969-70 riding atop ever increasing Federal grants, "they did not seem to ply their trade too well." The wild promises of unlimited fuel supplies (remem-

ber the breeder-reactor that created its own fuel - man's own perpetual motion machine) and world peace through defenses so sophisticated that nothing could penetrate them are now being quietly filed away. And Harris finds in retrospect that "as technology grew more complex, there seemed to be a connection between pride and pratfalls."

Many in the scientific community are now fearing that the loss of faith in their authority will lead to anti-intellectualism. But Harris sees the exposure of our false god as a good sign: "Though the new humility could never placate Ellul himself, it opens the door once again for respectful study of creation's mysteries."

Harris sees the direction of public thinking as toward "religious or mystical awareness and a new naturalism that would respect and be at one with nature, rather than push it around."

GUIDE TO MEDIUMSHIP AND PHYSICAL UNFOLDMENT

by E.W. and M.H. Wallis

EVERY PHASE OF MEDIUMSHIP VALUABLE

Continued from last issue—

Every phase of mediumship is valuable, and should be used to the fullest extent for the demonstration of the truth, and where that work is carried out in the spirit of devotion and service the medium will assuredly receive direct and re-active benefits. There is really no 'high' or 'low' in mediumship. No one can exceed his natural capabilities; therefore, he who does his best in his own sphere merits appreciation, and the highest mediumship is in reality, so far as the individual is concerned, just that for which he is qualified. We have heard of 'low' mediumship, and physical manifestations have been stigmatized as 'degrading,' &c., but the production of a 'rap' requires the exercise of positive spirit power quite as much as an inspirational address; and if by the agency of the raps, or the table movements, messages of a convincing and consolatory character are transmitted to the sitter, they are of greater value—as evidence of the personal presence and the identity of incarnate spirit friends—than the most eloquent oration. Mediums do not

make their own physical organizations. It is not the credit of one that he has clairvoyant or inspirational powers, or to the discredit of another that he has purely 'physical' capabilities; but it is to the credit of each one who does his best to keep himself in tune and fit for use, so that his powers may be exercised at their best and highest, whatever his phase may be. Remember—

*'Nothing useless is or low.**Each thing—in its place—is best;
'And that which seems but idle
show—Strengthens and sup-
ports the rest.'*MEDIUMSHIP STIMULATES
LATENT POWERS

Dr. Dean Clarke truly says: 'Physical phenomena are very pleasing to some persons, but actually repulsive in the eyes of others. Temperament largely accounts for preferences and antipathies, and temperament also has a great deal to do with the special vent of one's qualifications, no matter in what direction. It may be safely affirmed that individual taste largely reveals particular ability, and it rarely if ever happens

(Continued page 21)

CHILDREN'S CORNER

In keeping with Serenity's policy to encourage expression by all its students, this column contains the unedited articles submitted by the children attending our Lyceum. —Editor

Man knows much but God know's better.

Virginia Kohl, Age 11

God is everything

Mary Connolly, Age 7

Responsibility is a time when God comes first.

Michael Field, Age 5

Believing is thinking, I think? The feeling of believing in God comes from inside. I feel it is in my stomach. The color of the first principle is green.

Maureen Connolly, Age 5

Happiness to me is being able to go to Serenity. I like Serenity because the children don't have to stay in. Sometimes we can play at the park. I wish I knew about Serenity sooner.

Sean Connolly, Age 9

god mooves thru everything. god mooves thru trees. god mooves thru rock. god is everything. pink

Laurel Smith Age 7

Yellow is my favorite color. I like it. It means Wisdom.

Mary Connolly, Age 7

Sometimes I can't do things and I say my affirmation and saying my affirmation is asking if God can help me. That's why I say my affirmation.

Lisa Toquinto, Age 7

1st principle — We believe in God. To me means a feeling inside that is difficult to explain. The feeling is in my stomach. The color of the first principle to me is purple.

Patrick, Connolly, Age 8

1st principle — We believe in God means to me like when people are touching flowers. The feeling comes in my foot when I feel God. This principle is the color yellow.

Erik Masad, Age 5

A person with Self Will has no consideration for others. He has a lack of respect and everything has to be his way. color: greenish black

Orianne Smith, Age 11

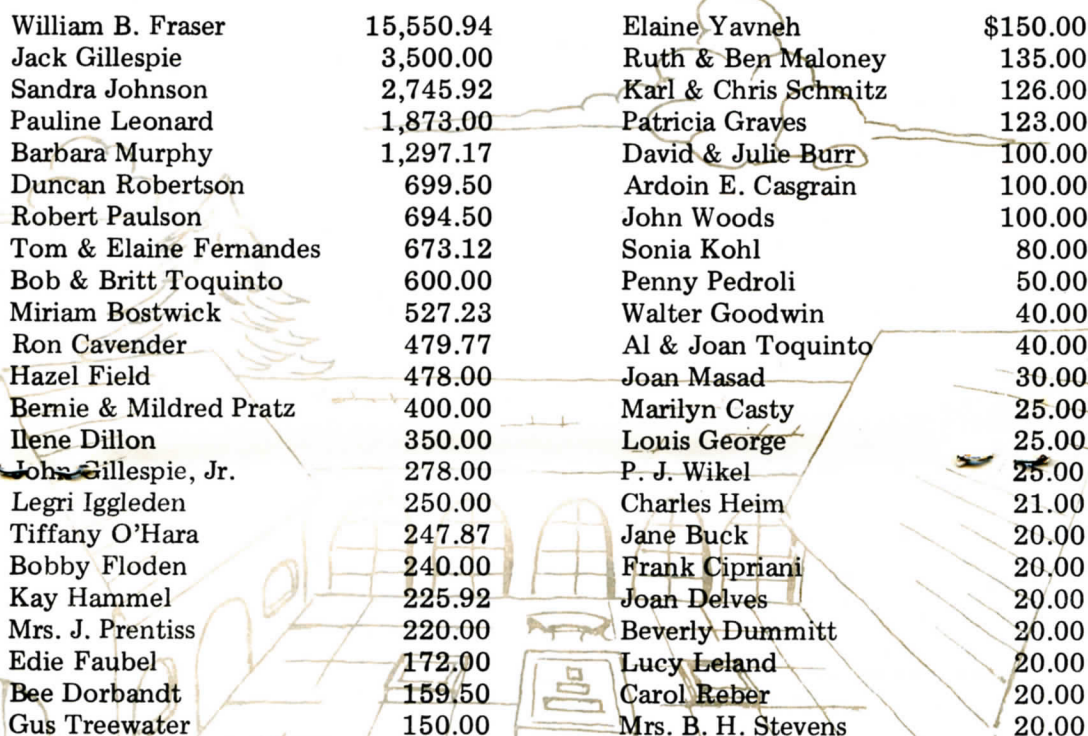
God is our father. Its rhythm, harmony, balance, peace, hold hold, release, hold, release, thank you, God, I am at peace. Color is red and blue.

Ian Gray, Age 5

Serenity Church Builders

GOAL: \$540,000

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Sandra Johnson	2,745.92	Karl & Chris Schmitz	126.00
Pauline Leonard	1,873.00	Patricia Graves	123.00
Barbara Murphy	1,297.17	David & Julie Burr	100.00
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Virginia Kohl	5.00

We gratefully acknowledge gifts to the Serenity Church Building Fund. Donations and pledges may be made payable to Serenity Spiritualist Association. Contributions are deductible for income tax purposes.

The Living Light

THE LIVING LIGHT is a unique book, presenting the first and fresh expression of the individual understanding of a Great teacher from other dimensions, known to us only as *The Old Man*. This book, given as a series of discourses to a class in spiritual unfoldment through the mediumship of Richard P. Goodwin, contains the understanding developed in *The Old Man* through centuries* of study in the higher realms* of Light. The lessons to be perceived are not new. In fact, they are very, very old, but they are new and alive to certain levels of our con-

sciousness. This is why they are given now, in our time, to those who seek. These lessons are not based on dogma or creed, rather on the natural laws of the universe. The way is not easy, but the simplicity of truth is gently taught in this inspirational course of study which, if applied, contains all the teachings and exercises necessary to unfold spiritual awareness, the Divine spark in every man. The system of teaching is carefully attuned to the individual student's own progressive awakening of the power within his being that he may truly free his soul from the bondage of creation.

SELECTED PASSAGE:

Find the purpose of your life,
learn to be free and then you shall
know this great God that is within
and without.

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GUIDE TO MEDIUMSHIP

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that anyone develops to a large extent and successfully any phase of mediumship that does not closely accord with the general trend of nature and disposition.

"The musical medium may never have learned notes, but has a native ear for melody, and loves to listen to sweet sounds. The inspired scribe, orator, or poet may have had no training whatever to fit him for the profession of literature or for the platform, yet there dwells within, both the love of the art and an innate tendency to practice it. Mediumship stimulates latent powers, and calls into action dormant capabilities; but its possession does not alter the special type of character or trend of ability which naturally characterizes the mediumistic person."

WHAT THE MEDIUM CAN DO

The aspirant for development should recognize the advisability, in order to facilitate the work of the spirits, before attending a seance, of making some personal preparation; such as seeking to

eliminate from his mind all disturbing or irritating thoughts, and by striving to consciously realize unison of purpose with those who may have previously made their presence known or indicated their intention to help in the work of his development, by mentally requesting that the spiritual ties may be strengthened. Even where there has not been any clear indication of the presence of spirit helpers, a generally aspirational and receptive attitude of mind will do much towards providing favorable conditions.

It is unwise to persistently endeavor to force mediumship into activity; but when it expresses itself spontaneously, or when development follows upon temperate exercise, there can be no question that, rightly used, and within proper rational limits, it will prove helpful and educational to the medium and of service to others; but should the exercise of mediumship occasion continued ill-health in its possessor, it is wisest and safest to abandon it temporarily if not entirely.

(continued next issue)



Cook Book Capers

RECIPE FROM: *A BIRTHDAY PARTY*

ROAST PORK

Season a center cut pork roast (loin end) by rubbing with sage and Lawry's Seasoned Salt. (6 lbs. serves 10 people). Place meat with fat side up on rack in open, shallow roasting pan. Insert meat thermometer so tip is in center of thickest part of meat and does not touch bone.

Roast meat in 325 degree oven 35 to 40 minutes per pound. (Approximately 3½ to 4 hours or until meat thermometer reads 170 degrees. Use thermometer as a final guide.

PAN GRAVY

For 3 cups of gravy: Pour drippings from pan into bowl, leaving brown particles in pan. Return 6 tablespoons drippings to pan. Blend in 6 tablespoons flour. Cook over low heat, stirring until mixture is smooth and bubbly. Remove from heat. Stir in 3 cups liquid (meat juices, broth or water). Heat to boiling, stirring constantly. Boil and stir 1 minute. If desired, add a few drops of bottled brown bouquet sauce. Add salt and pepper to taste.

INVOCATION

With perfect faith in the power of Spirit, we direct our thoughts in this hour of devotion to the great Oversoul of All Knowing that every aspiration, every holy desire, will find fruition in our lives. With simple perfect faith we come with all our yearnings and aspirations, knowing they will be answered to the degree we harmoniously attune ourselves with nature's immutable laws.

READING

God's ministering angels watch and wait patiently to serve — to help, to guide and to protect those who with humble heart would aspire to Truth. These spirit helpers are ever at hand, ready to minister to those who would be receptive to their guidance. These humble servants of the Divine are attracted to us along our eternal journey ever in accord with the laws which we alone have established. And so we are given "to test the spirit that it is of God." And how can we test the spirit? By becoming aware of our own true motive. For, if it is to a self-serving end that we strive, such will be the guidance that we attract, only to further deceive ourselves. But if it is to know a greater love for all life

through service to the Divine, then indeed shall we through our own humble willingness to serve find ourselves in the company of angels of the realms Supernal.

Who are these angel ministers? They are the wise and good of every age, of every land, who come laden with love, to bless, cheer and comfort sorrowing mankind. With ceaseless praise they behold the works of Infinite Intelligence and adore them. They never sleep, for being servants of the Light they are served by the Eternal Light of Truth and have no need to dream. They come to attend the pure in heart and surround them with a halo of light and melody. They come to guide the erring one and win his heart from evil. Their glorious presence dissipates the darkness of this world, bringing cheer and comfort to sorrowing mankind.

BENEDICTION

O Angels of Light! we solicit your presence with us this day through our own demonstration in pure motive to serve the Divine. May your blessed tuition touch our hearts and inspire us to live in accord with the dictates of Truth. Amen.



Busy Bees

ANNOUNCEMENTS

DINNER PARTY:

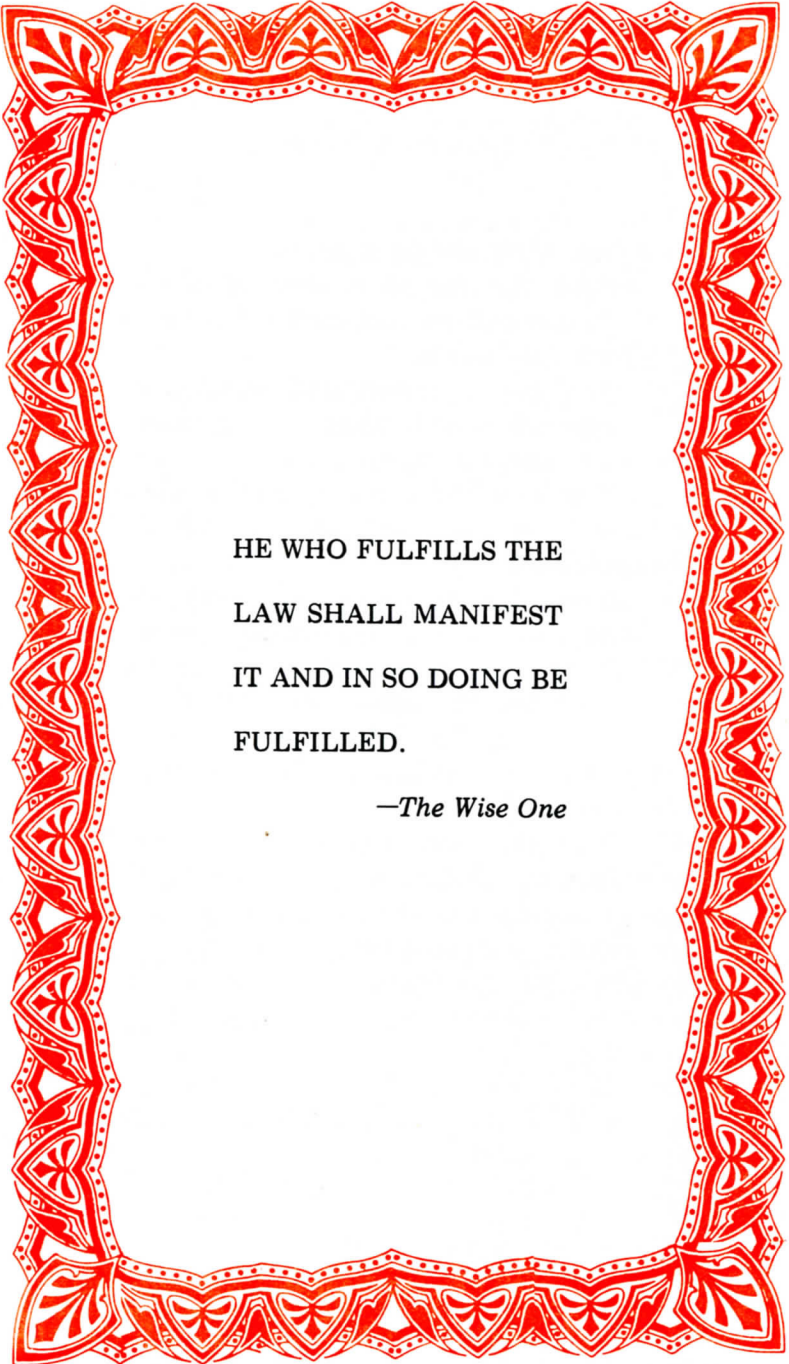
All members and friends of Serenity are especially invited to attend the February 21 dinner which is *A BIRTHDAY PARTY* for its founder and teacher, Richard P. Goodwin. The social hour begins at 6:30 p.m. A wonderful menu of old favorites has been planned.

BAKE SALE:

The next monthly bake sale will be held on Saturday, February 28 at the Town & Country Shopping Center located in Strawberry. Your donations of baked goods and your patronage will be most appreciated.

DECLARATION OF PRINCIPLES

1. *We believe in Infinite Intelligence.*
2. *We believe that the phenomena of nature, both physical and spiritual, are the expression of Infinite Intelligence.*
3. *We affirm that a correct understanding of such expression and living in accordance therewith constitute true religion.*
4. *We affirm that the existence and personal identity of the individual continue after the change called death.*
5. *We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.*
6. *We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you, do ye also unto them."*
7. *We affirm the moral responsibility of the individual, and that he makes his own happiness or unhappiness as he obeys or disobeys Nature's physical and spiritual laws.*
8. *We affirm that the doorway to reformation is never closed against any human soul here or hereafter.*
9. *We affirm that the Precept of Prophecy contained in the Bible is a Divine attribute proven through Mediumship.*



HE WHO FULFILLS THE
LAW SHALL MANIFEST
IT AND IN SO DOING BE
FULFILLED.

—The Wise One

BECOMING A SPIRITUALIST

by H. Gordon Burroughs

FAITH IN ACTION

Continued from last issue—

If we trace carefully the lives of those individuals who feel that they have failed, we shall find the answer to most of their failures: they have not had, and hence have not expressed, that about which they talk—*faith in God*.

If we do not receive and retain the things that we desire and should have, there is something lacking in us, and the fault does not lie with God. It is an old saying that ignorance of the law does not excuse one. This truth is as applicable on the spiritual plane as it is on the material plane. God is law, unchangeable and much more binding than man-made law. We have expected this God-law (God) to do things for us without effort on our part. When everything is coming our way, we talk about faith in this God-law. But when some catastrophe befalls us, we say, "Why did He permit this to happen to me? My faith in God is gone! God has failed me!"

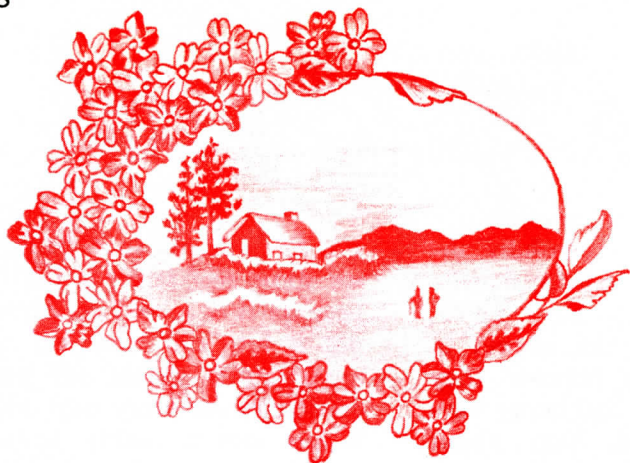
The truth about the matter is that we did not have faith, because if we had, it would have sustained us when we needed it. The faith we had

was *lip-faith*, not *soul-faith*. If we have soul-faith, it grows, because it is a part of us. We put it into our lives and demonstrate it within our own consciousness every day until it becomes a reality to us.

Christ brought us the simple message of doing things through faith in God, the Father. He gave us the simple formula by which to accomplish things. He was the last initiate, coming direct from the schools of enlightenment on the Other Side—the real side of God's world. He came back to us with the message that he had learned, that he had grown to understand.

If a person wishes to learn a particular business or art, he goes to one who is proficient in that business or art. Why not be practical then, and go to the one individual who was proficient in demonstrating on the spiritual plane—Jesus of Nazareth? What was one of the first things that Christ did when he wished to accomplish anything? He simply said, "Father, I thank Thee that Thou hast heard me. Father, I thank Thee for the thing that Thou hast done."

(continued next issue)



Lest We Forget

Harry Ames
 Robert Birkeland
 Carrillo Family
 Vera Cavender
 Faye Davis
 Leland Davis
 Eula Fiel
 Francis M. Gelardi Jr.
 Isa Goodwin
 Grace Johnson
 Jonquil

Harold Lucas
 Erik Othberg
 Eldon Rakestraw
 Stardust
 Fea Steele
 Foster Steele
 Porfirio Toquinto
 Britta Uppstrom
 Landon Utz
 Carl Yavne
 Esther Yavneh

To send a helpful thought of joy and light to those you love who have passed to the higher life, list their names in this column. Donation of one dollar per name is requested.

THE FREEDOM OF FORGIVING

continued from page 6

valuable affect, emphasizes its science of communication far out of balance with the philosophy that reveals the laws that govern it, then you have transgression of natural law. And, when that happens, when the science of this religion is so over-balanced with its philosophy, you no longer have the religion of Spiritualism, but you do have what the world calls Spiritism. It is not the fault of the public if there is error, and error is evident and obvious; it is the mediums within its own movement. And, when a person in the profession of mediumship bearing such a grave responsibility, not only to the world of earth but to the world of spirit, abuses that great privilege to glorify their senses, to sacrifice the very principles of communication to become degenerate sidewalk fortune tellers, then you have problems where problems should never be. The only purpose, the only worth to psychic, to mediumship, its only value and its only worth is to reveal to this earth world the laws of life and how, properly applied, they can free the human soul.

I sincerely mean to put this in the Serenity Association, and it was founded upon that very principle of balance

between the science of Spiritualism and its philosophy.

If you go to a doctor because you are ill and he gives you medication that numbs the effect which you call illness, but he does nothing to remove the cause of that illness, then you can only be foolhardy to continue to go to that physician, if you could call him that. And so it is, my good friends, with mediumship. If it is the law that you have established, each time you turn around to go to a medium to help you out of the transgressions that you insist upon doing, then the medium themselves, is doing you the gravest disservice they could possibly do to your eternal soul for they have then become your crutch and that is certainly not freedom.

I speak on this important subject on this lecture of forgiving that perhaps as the word goes forth into the universe that you, as the public, may make a little effort in consciousness when you investigate the Spiritualist Movement, to look beyond the seeming phenomena that it is possible for someone to know something about you that your minds do not yet know themselves but it comes to pass. What does that reveal?

(continued page 31)



Poet's Pen

SERENITY

If we can release what we think "should be" to what "is",
and in our hearts accept it,
If we can love everyone a little and no one possessively
but with serenity,
If we can serve selflessly expecting no reward from anyone
at any time, lovingly,
It is then our hearts open up like a flower to the sunlight
and a sense of elation enfolds us,
For we are closer to God.

— *Helen Gelardi*

FABLES FOR YOUNG AND OLD

THE BOY WHO CRIED WOLF

A Boy — and not a bad boy, either — got sick and tired of standing around tending sheep all day in the meadow outside the village. Other boys swept streets or worked in shops, and they at least had someone to talk to. The Boy decided to stir up a fuss. He started shouting "Wolf! Wolf! Help, there's a wolf!"

Out rushed the men of the town with guns and pitchforks, but they found no wolf. The Boy laughed at them. They laughed a little too, then scolded the Boy and went back to work.

The Boy liked his trick, and several days later he tried it again. "Wolf! Wolf!" he cried. Again the men of the village came running, but this time they didn't think the trick was funny at all.

Some days later a real wolf attacked the sheep, and Boy cried "Wolf! Wolf!" and "Help" But the men of the village went about their business, shaking their heads at the silly Boy. Mr. Wolf enjoyed a good meal that day.

— *People won't believe a liar even when he speaks the truth.*

THE FREEDOM OF FORGIVING

continued from page 29

It only reveals that there are laws established. It only reveals that there is one God; that there is one consciousness. That's what it truly reveals. It did not come to your world to entertain the senses. It did not come to your world to glorify people. It came to your world as revelation. The first three hundred years of the Christian Movement was the Spiritualist Movement, for each of their temples had their mediums and their prophets. But you

do not find the mediums nor the prophets in the Christianity of today, and we must ask ourself the question, why?

Because of the abuses, not the uses, of the science of Spiritualism, it has great value when it is placed in its proper perspective, for without it, we would not have this philosophy of The Living Light today. Its value has been, and is, a living demonstration for those sincere students who have truly made the effort,

(continued page 33)

THE LIVING LIGHT PHILOSOPHY

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A complimentary descriptive cassette catalog is available upon request. It gives details of the Serenity Cassette Club and how substantial savings may be effected through membership in it.

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THE FREEDOM OF FORGIVING

continued from page 31

have had proven unto themselves beyond the shadow of any doubt that they and they alone are responsible and that they and they alone can change their lives.

We do not understand that any prayer to any God changes our lives. That is not the teaching of The Living Light. However, if in your efforts to pray, you establish the Law of Total Acceptance, which is Divine Will, then that Divine Will flows through your life and the transformation of your life is the result.

Let us face this New Year, hopefully—and hope is eternal though truth is inevitable — hopefully, with a new attitude towards life. Hopefully, with a gradual, but sure, recognition and acceptance that we are not alone no matter what we want to think about life.

Let us awaken in consciousness that we are, in truth, indeed an inseparable part of one consciousness; that whatever we think and whatever we do is affecting another human soul, not only in the physical body but in bodies ethereal.

Now, every single person here within the sound of my voice knows, for they have had the living demonstration, that all is one in consciousness. Each person within the

sound of my voice has had an experience, and continues to have in life, for a fondness for a particular individual, for another soul, and sometimes they have been amazed that the person they were en rapport with had the same thought that they did at the same time. Well, the principle of the law is revealing itself. You know how the person is feeling and how they are thinking and what they are doing dependent upon your willingness to forgive, to give forth, to surrender your own opinions and all of those restricted thoughts that you think is you. When you are in what they call love, that begins to take place, and when that happens, you know what your husband, your wife, your boyfriend or your girl friend is feeling and thinking. Well, my friends, that takes place with you with whatever one person or two that you are en rapport with because you say to yourself, "Well, I'm in love and that's what happens when you are in love." Friends, when you are in love with God, you will know what happens everywhere at all times and you will have the feeling for the souls that are struggling to be freed from the glory of their bloated nothingness.

THE PENETRALLIA

continued from page 5

substance to shadows; to discriminate between this and that, and luxuriate in the presence of finely-drawn distinctions; to shape essences otherwise bodiless; to give solidity and representation to invisible thoughts; to symbolize the quality of an act; to individualize and give immortality to an adjective; to explore mystic fields, and break the forbidden seals of man's life-book; to sing of the good and the true, of the pure and free, in words at once sweetly human and majestically divine; lastly, imagination is designed to officiate evermore in transforming the stony-facts of sleepless science into bread of life, in moulding the surface-truths of dignified philosophy into every conceivable form of beauty, glory, sublimity, and magnificence; and, deeper still, to discover in all things the presence of truth, in each man a thought of God, in every form the Beautiful.

What are human thoughts?

Human thoughts are the effects of organized cerebral motion; the waves of the waters of life; the children of organal sensation; the signs of intelligence.

What are fixed ideas?

Human ideas, when fixed, are the patriarchs of the thinking faculties; very fond of control, mostly masculine, and uniformly overbearing; the bench of bishops who first render theological mysteries canonical, and then forbid investigation.

What are conceptions?

Conceptions are the beautiful first-born of the imagination; in disposition feminine, in effect tranquillizing and exalting; they act upon the conscience.

What is the conscience?

Conscience is a spiritual sensibility with a dual capacity having a twofold origin — first, innate and eternal; second, educational and temporary. The latter, an artificial product of the circumstances of our existence, is youngest and most active; natural conscience on the contrary, is first in the soul, is inmost, deepest, absolute, and less clamorous. You here see the difference between tuition and intuition; and the reason why persons with opposite religions, are equally devoted and ready to persecute; why a Christian's outer conscience can justify the present Ishmaelitish system of trade and commerce.

(continued next issue)



THIS IS MY CHURCH

This is my Church.
It is composed of
people like me.
We make it what it is.

I want it to be a
Church that is a
lamp to the path
of pilgrims, leading
them to goodness,
truth and beauty.

It will be, if I am.

It will be friendly if I am.
Its pews will be filled, if I help to
fill them.
It will do a great work, if I work.
It will bring other people into its
worship and fellowship, if I bring them.

It will be a Church of loyalty and love,
of fearlessness and faith, and a Church
with a noble spirit—if I, who make it
what it is, am filled with these.

Therefore, with the help of God, I shall
dedicate myself to the task of being
all of these things that I want my
Church to be.

—From “I Belong”
by Hoover Rupert

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